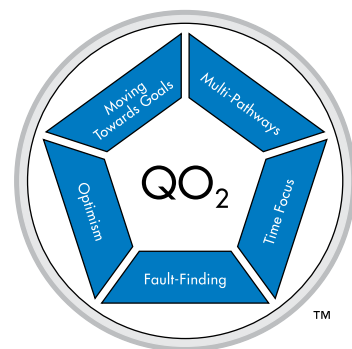




# TMS DIRECT for Individuals

## Opportunities-Obstacles (QO<sub>2</sub><sup>TM</sup>) Profile Debrief



**TMS DIRECT for Individuals** offers you the opportunity to experience the Opportunities-Obstacles (QO<sub>2</sub><sup>TM</sup>) Profile for your personal and professional development. Our TMS L&D Specialists will set up your QO<sub>2</sub><sup>TM</sup> Questionnaire, interpret your Profile results and assist you to identify action plans to work towards your goals and help you thrive.

### What can you gain from a TMS DIRECT for Individuals QO<sub>2</sub><sup>TM</sup> session?

- Discover more about yourself and your appetite for risk
- Identify practical strategies to improve decision making and build resilience
- Stimulate innovative thinking to decide on your next move
- Rethink your current business goals and objectives
- Support your people as they transition through change programmes and cultural transformation

### Cost

Individual QO<sub>2</sub><sup>TM</sup> Virtual Debrief Session - 60mins | **\$445** ex GST per person

Pair with a Virtual TMP Profile Debrief - 90mins | **\$625** ex GST per person

*For bespoke consulting programmes, please connect with our **TMS Associates** via [Find a TMS Associate](#) or call us for a referral.*

### Why go direct?

- **Career Transition**  
Are you in a new role or wanting to change careers or go out on your own?
- **Pre-Accreditation**  
Do you want to try the TMP before taking to your organisation?
- **Professional Development**  
Are you looking for an injection of professional development?
- **Leadership Development**  
Are you wanting to hone your leadership skills?

**Looking for a team session?**  
Ask us about **TMS Direct for Teams**



**Authorised Distributor**

**Contact the TMS team to get started with TMS Direct TODAY!**  
P: +61 (0)7 3368 2333 | E: [tms@tmsoz.com](mailto:tms@tmsoz.com) | W: [www.tmsoz.com/tms-direct](http://www.tmsoz.com/tms-direct)