



# TMS DIRECT for Teams

## Opportunities-Obstacles (QO<sub>2</sub><sup>TM</sup>) Profile Group Debrief

**TMS DIRECT** offers your teams the opportunity to experience the Opportunities-Obstacles (QO<sub>2</sub><sup>TM</sup>) Profile in a practical team-focused session. Our TMS L&D Specialists will work with you and your team to understand individual and group Profile results. We will assist you to work towards your team and organisational goals by creating strategies to help you thrive.

### What can you gain from a TMS DIRECT for Teams QO<sub>2</sub><sup>TM</sup> session?

- Better understanding of yourself and your colleague's appetite for risk
- Shared language framework to use to communicate effectively
- Develop team ground rules and shared ways of working
- Fine-tune communication strategies and boost optimism levels
- Adapt your team goals to be future focussed
- Reflect on group performance using a Project Health Check

### Cost

QO<sub>2</sub><sup>TM</sup> Virtual Group Debrief Session | 3 hours | Up to 15 people **\$2995** ex GST plus **\$145** ex GST per QO<sub>2</sub><sup>TM</sup> Profile

*For bespoke consulting programmes, please connect with our TMS Associates via [Find a TMS Associate](#) or call us for a referral.*



### Why go direct?

- **Team Development**  
Looking for an activity for startups, re-teaming, forming and navigating?
- **Leadership Development**  
Great opportunity to engage emerging leaders
- **Team Engagement**  
Teach your team to connect and communicate more effectively
- **Executive/Leadership Team and Board Development**  
Work together to understand risk appetite

**Looking for a individual session?**  
Ask us about **TMS Direct** for Individuals



**Authorised Distributor**

**Contact the TMS team to get started with TMS Direct TODAY!**  
P: +61 (0)7 3368 2333 | E: [tms@tmsoz.com](mailto:tms@tmsoz.com) | W: [www.tmsoz.com/tms-direct](http://www.tmsoz.com/tms-direct)